Questions to Ask Your Doctor About Medical Cannabis

Bring this checklist to your appointment. Tick the questions you want to ask and write down the answers.

Appointment date: _____ Doctor: _____

About qualifying

- [ ] Does my diagnosis qualify for the Texas Compassionate Use Program?
- [ ] Are you registered to prescribe through the program? If not, can you refer me to someone who is?

About my medications

- [ ] Could cannabis interact with any medicine I take, especially blood thinners, seizure medicines, sedatives, or opioids?
- [ ] Should any of my doses be adjusted or monitored?

About dosing and products

- [ ] Which product form makes sense for me: oral, patch, lotion, or inhaled?
- [ ] What starting dose do you recommend, and how slowly should I increase it?
- [ ] What THC-to-CBD ratio fits my goals?

About side effects and safety

- [ ] What side effects should I watch for?
- [ ] Is it safe for me to drive or work after a dose?
- [ ] What should I do if I take too much?

About follow-up

- [ ] How will we decide whether it's working?
- [ ] When should I come back?

My medications (include CBD, hemp products and supplements) and notes:

This checklist is for education only and is not medical advice. Only a physician who knows your history can decide whether medical cannabis is appropriate for you. Texas has no medical marijuana card: registered physicians enter prescriptions in the Compassionate Use Registry of Texas (CURT). © 2026 CannabisCareTX · Dr. Morvarid Rezaie, DO